

Accessory Limb with Spina Bifida Occulta

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ABSTRACT

Congenital accessory limb attached to low back is exceedingly rare anomaly and only few cases have been reported previously (1). The author presents one additional interesting case where spina bifida L4 L5 and S1 was covered by the appendage of accessory limb.

Key words: Spina bifida, Accessory Limb, Heteropagus.

INTRODUCTION

There have been descriptions of babies born with accessory limbs in antique and medieval literature, but the first modern report appeared in 1975.² Since then three more cases have been reported.¹

The author presents a unique case of accessory limb attached to lower back covering the spinal defect with otherwise perfectly normal baby.

CASE REPORT

A 4 months old 4.5 kg female baby was brought to neurosurgery out patient of our hospital with an accessory limb attached to lower back. The baby was born with normal vaginal delivery. The parents were young and they had two more normal children. As with most of the gestations in this area mother never came in antenatal clinic. There was no significant history of maternal illness, drug intake or exposure to radiation.

Physical examination revealed a lower limb like appendage attached to lumbosacral area more on the left side, almost well formed five toes giving the appearance of foot. (Figure 1) The accessory limb was healthy with good blood supply, there were no movements.

The tone power reflexes and in lower limbs were normal. Sphincters were intact Head circumference was within normal limits. Plain X rays lumbosacral region showed spina bifida L₄ L₅ and S₁ and a long bone with four small distal rudimentary bones in the

appendage attached to the left iliac crest.

Ultrasonography of the head abdomen and pelvis was unremarkable. The baby was operated, the appendage was found attached with fibro vascular core to the left iliac region. Meningocele underlying the appendage was visible (Figure 2) Post excision the limb was appearing like foot with leg (Figure 3 a b). Recovery was uneventful (Figure 4). Chromosomal study was not carried out as the family was not willing for any further investigation.

DISCUSSION

An accessory limb with spina bifida has been reported only three times previously.^{1,3} The anomaly has also been labeled as tripedus.⁴ In another review these anomalies have also been labeled as heterotopic redundancies⁵ in which supernumerary parts are found at remote sites or in teratoma.

The morphogenesis of this rare malformation is not clear. It has been suggested that the condition could be the result of aborted modified process of twinning¹ splitting and migration of limb primordial due to some mechanical factor has also been cited as the cause on the basis of animal experiments.⁶ The limb buds develop from the mesoderm adjacent to the paraxial mesoderm and a very early splitting of one limb bud and simultaneous mesoderm defect in paraxial mesoderm may result in spina bifida with accessory limb. This may be the most likely explanation



Fig. 1: *Four months old baby with accessory limb attached to low back.*

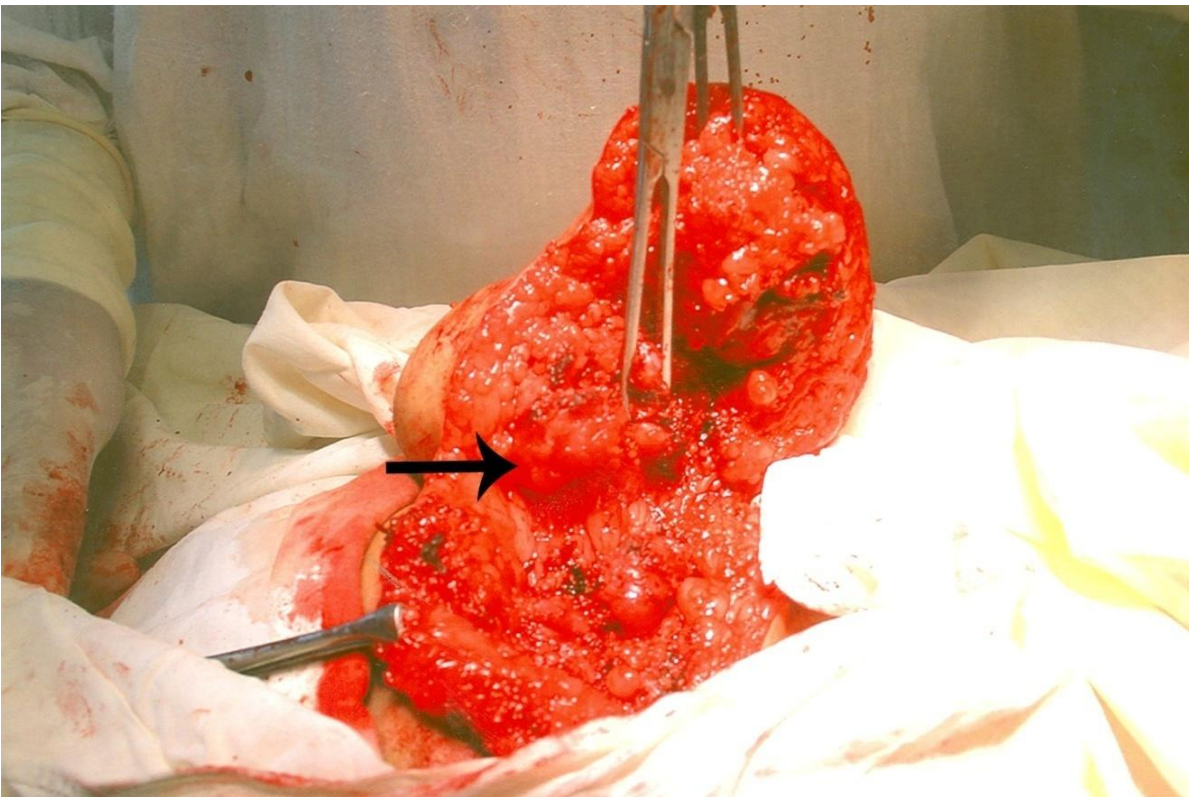


Fig. 2: *Meningocele underlying the appendage of accessory limb.*



A



B

Fig. 3a,b: Post excision views of accessory limb.



Fig. 4: Post op uneventful recovery.

of this anomaly.

The fairly well differentiated accessory appendage is not warranting classification of teratoma.

At the end of this report it is not still clear whether the case should be diagnosed as incomplete twinning, Heteropagus teratoma or heterotopic redundancy.

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